

West Sound FieldSTEM Youth Summit

Tuesday, June 6, 2017

Dear Parent(s) or Guardian(s),

We are excited again to be participating in this year's FieldSTEM Environmental Youth Summit on **June 6th** at the *Hood Canal Salmon Enhancement Groups/Salmon Center in Belfair, WA at 600 Roessel Road, Belfair*. This event brings students from schools where environmental studies are taking place like our **Chimacum Creek Environmental Stewardship Project**. Students will get to participate in learning about environmental issues as well as meet with other students to share the work they're doing at their school with regards to environmental education. Chimacum 6th graders will get to share what they learned about water pollution, benthic macros, salmon, water quality and Chimacum Creek. They will show how they collected data and explain what their data means.

Here is a schedule of what our day might look like. If you are interested in joining us as a chaperone please let Mr. González know (*see below*). Then join us on the 6th so that you can ride on your child's bus!

Overview of the June 6th (tentative- some times may change)

8:00	Leave Chimacum Middle School – 2 Busses Bus 1 – All of Mr. G's G1 through G6 teams. Bus 2 – All of Mr. G's G7 through G12 teams.
9:00	Students arrive from around the Canal
9:05 – 11:20	Exploring stations provided by EcoNET Partners and PNWSC/HCSEG Farm at Water's Edge
11:20 – 11:30	Welcome Gathering
11:30-12:00	No Waste Lunch
12:00-1:00	Sharing Circles Students will gather in small groups with students from other schools and share their restoration and monitoring activities. Student groups will also develop their vision and intentions for the future of Hood Canal (or our creek).
1:00pm	Depart
2:00pm	Arrive at Chimacum Middle School – Go to 5 th period class.

Every student needs to bring a sack lunch on this day. The next page of this packet explains how your family can pack a waste-free lunch if you can. Please sign the field trip permission slip and have your child bring it to Science as quickly as you can so that we can get this trip planned and ready to go.

If you are interested in joining us as a parent chaperone please cut this section off and return to Mr. González with the field trip permission form and photo release.

Parent Name

Student Name

ON THE GO?

Pack waste-free meals for:

- SCHOOL
- WORK
- AIR TRAVEL
- CAR TRIPS
- PLAY DATES
- THE PARK
- FAMILY OUTINGS
- FIELD TRIPS
- PICNICS
- DAY HIKES

REDUCE — Cut down on packaging and food waste by purchasing fresh produce and bulk bin items and reusing your bags.

REUSE — Pack lunch in reusable containers. Use a refillable drink bottle, a cloth napkin, and reusable utensils.

RECYCLE — Search out recycle bins instead of tossing recyclables in the trash. If you can't find a recycle bin at work or school, take your recyclables home.

ROT — Start a compost pile at home, work, or school. If you're low on space, opt for a worm bin.

WHAT CAN YOU DO?

Visit:

www.wastefreelunches.org

You'll find:

- tips for implementing a waste-free lunch program
- waste-free lunch success stories
- strategies for reducing waste
- lunch waste statistics
- links to important waste-free lunch sites
- this free downloadable brochure

Visit:

www.laptoplunches.com

For:

- waste-free lunch kits
- nutritious lunch ideas
- tips for picky eaters
- creative lunch menus
- kid-friendly recipes
- school programs
- free e-newsletter subscription



TEL: 831-457-0301
EMAIL: info@obentec.com

A child taking a disposable lunch to school creates an average of 67 pounds of lunch waste annually.

The Waste-free Lunchbox



Make YOUR lunches waste-free!



WHAT'S A WASTE-FREE LUNCH?

- ✓ **START WITH A REUSABLE LUNCHBOX, BACKPACK, OR BRIEF CASE**—Avoid disposable plastic and paper bags.
- ✓ **PACK YOUR FOOD IN REUSABLE CONTAINERS**—Avoid plastic bags, plastic wrap, aluminum foil, and prepackaged foods whenever possible.
- ✓ **INCLUDE A DRINK IN A REFILLABLE BOTTLE**—Avoid single-use juice boxes, drink bottles, cans, and pouches whenever you can.
- ✓ **ADD REUSABLE UTENSILS**—Eliminate disposable utensils.
- ✓ **USE A CLOTH NAPKIN**—Eliminate paper napkins.

WHY PACK A WASTE-FREE LUNCH?

- ✓ **LANDFILLS ACROSS NORTH AMERICA ARE REACHING CAPACITY**—New landfills are built farther from the source of the waste, leading to increased disposal fees, truck traffic, air pollution, and wear and tear on local roads.
- ✓ **INCINERATORS CREATE AIR POLLUTION**—If your trash is incinerated, creating less trash will reduce the amount of harmful emissions in the air you breathe.
- ✓ **CHILDREN LEARN TO CARE FOR THE PLANET**—Packing a waste-free lunch is just one way that children can learn to **REDUCE, REUSE, RECYCLE, AND COMPOST**.
- ✓ **SCHOOLS SAVE MONEY**—Money normally spent on waste hauling can be used in the classroom instead.



HOW CAN I PACK A WASTE-FREE LUNCH?

Packing a waste-free lunch may take more time but, given the benefit, it's well worth the extra effort. Here are some tips for making it work:

- ✓ **PACK LUNCHES IN THE EVENING** and store them in the refrigerator overnight.
- ✓ **MAXIMIZE LEFTOVERS**. Prepare extra servings for dinner. Pack the leftovers in lunchboxes in the evening while you're cleaning up.
- ✓ Stock your kitchen with **FRESH FRUITS, VEGETABLES, WHOLE GRAINS, AND OTHER NUTRITIOUS FOODS**.
- ✓ Keep **NUTS AND DRIED FRUIT** on hand.
- ✓ Buy from **BULK BINS** to reduce costs.
- ✓ Buy from a **CSA** (Community Supported Agriculture) program or **FARMERS' MARKET**. Visit www.localharvest.org for locations near you.
- ✓ **WRITE YOUR NAME ON ALL YOUR CONTAINERS** before leaving the house.

**CHIMACUM SCHOOL DISTRICT
Field Trip Permission Form**

Student Name: _____ Date: May 22, 2017

General Information: Return this form to your child's school before May 25, 2017
and keep any attachments for your information.

The <u>6th Grade Middle School Team</u>	
is planning a trip to: <u>The Salmon Center</u>	
The purpose of this trip is: <u>for our Environmental Stewardship Project</u>	
Trip destination: <u>The Salmon Center</u>	Phone: <u>360-275-3575 Ext 22</u>
Address: <u>600 NE Roessel Rd, Belfair, WA 98528</u>	
Place of Lodging (if applicable): <u>None</u>	
We will leave from: <u>Chimacum Middle School</u>	Date/Time: <u>June 6 at 8:00am</u>
We will return to: <u>Chimacum Middle School</u>	Date/Time: <u>June 6 at 2:00pm</u>

Itinerary Attached List of Items Attached

Number of Students Attending: <u>60</u>	Number of Adults Attending: <u>10</u>
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Type of Transportation: District Vehicle District Bus Walking Private Vehicle

Commercial Transportation (describe): _____ Other _____

Information below is to be completed by the guardian of the student.

Medical Information: The following special health problems should be noted and adequate precautions taken (list such items as unusually severe reaction to bee stings, other severe allergies, hemophilia, diabetes, heart disease, etc.)

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The following medications, prescriptions or special diets are needed:

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Medical Release: In the event of an accident or illness, I understand that reasonable effort will be made to contact the guardian immediately. However, if I am not available, I authorize the school district to secure emergency medical care, as needed.

Name of Preferred Doctor:	Phone:
Name of Insurance Carrier:	

This activity provides a learning experience for students and allows them an opportunity to apply their classroom learning. Although I understand that the school district will make reasonable efforts to provide a safe environment, I am fully aware of the special dangers and risks inherent in participating in the activity. Being fully aware of the risks, I hereby give consent for my child to participate in the activity.

Guardian Name: (print)	Home Phone:
Address:	Work Phone:
Guardian Signature:	Emergency Phone: